



acuenergetics®

Healing Body + Mind: Discover how understanding the body's bio-electricity improves the health of your mind, body + heart.

Learn new ways to feel better in yourself, increase energy, let go of stress and enjoy a whole new understanding of your body, heart and mind. You will love AcuEnergetics® Level 1 'Skills for Living' if you are interested in...

- understanding stress and what it does to your body - plus ways to help manage it.
- effective healing techniques that you can use on your family and friends right away, including how to feel your own & other people's bio-electricity, in a very practical way to ease pain and promote healing
- simple meditation techniques to calm the body and mind and help you become more happy and conscious.
- understanding the mind/body connection, to create balance in your body, heart and mind.
- developing a real connection with your heart and what you want out of life.
- receiving a wellness balance to increase energy, boost your immune system and create harmony in your body.
- the core understandings of the AcuEnergetics® healing modality, which you can apply in your life right away.

About AcuEnergetics®

AcuEnergetics® is a modern healing modality for the body + mind, with a unique and effective approach to treating illness in the body. It was developed by an Australian, Kevin Niv Farrow and it works by encouraging the body to promote faster, natural healing to ease pain and improve physical and emotional health.

AcuEnergetics® combines Kevin's own research and understanding, with knowledge from ancient Chinese, Middle Eastern, Indian and Judaic texts. The result is a modern treatment modality, backed by thousands of years of wisdom.

acuenergetics.com



Chiara Cattaneo Teacher + Healer

Chiara is a qualified AcuEnergetics® Practitioner, Teacher and Meditation Teacher. She has always been passionate about traveling, healing, self-discovery and meditation and is very happy to be now sharing the work of AcuEnergetics® in Europe. Follow You.Flow - Restoring Energy & Health on Instagram + Facebook.

Want to organise a workshop in your area?

Chiara is an AcuEnergetics® Teacher qualified to teach the Level 1 and Level 2 workshops. If you are interested in organising a workshop in your area, get in touch with Chiara by email at chiara.acuenergetics@gmail.com or phone on +33 6 35392055.

