



'Energy Medicine Balancing'

Develop your healing skills, practice mystical meditations, discover how to open energy centres and learn powerful wellness balances

Come along to this second stage of AcuEnergetics® trainings and learn how to feel energy centres, discover new Wellness Balances, develop your understanding of the body's electricity and more wonderful meditations.

You should join us if you are interested in:

- developing your AcuEnergetics® skills further and understanding the core principles of this healing modality at a deeper level, which you can apply in your life straight away
- increasing your sensitivity to feel your own and other people's bio-electricity, improving your hand skills for healing illness in the body and mind
- opening energy centres in yourself and others to start feeling more deeply, experiencing life more fully, becoming more still and balanced even in the midst of chaos in your life
- mystical meditations to open the light body and heal yourself
- developing a facility with other opening energetic techniques, leading you to a greater understanding of the energetic world and helping to increase your ability to feel and move energy
- six powerful Wellness Balances you can use straight away on family and friends
- the advanced stage of release work for releasing held emotions which cause illness in the body
- the second level of training to becoming an AcuEnergetics® Practitioner or Wellness Balancer

The 6 powerful **Wellness Balances** you will learn in the Workshop **will each allow you to:**

- help pain or discomfort in spine, legs and pelvic area, as well as menstrual disorders, hip pain, and help at times of change in life
- help to unify the connection between the heart, mind and body – ideal to have during times of emotional ups and downs and stress
- increase the amount of energy available in the body and improve the immune response, a treatment that also helps greatly with fatigue
- open the energetic Wind Gates of the body, helpful for poor digestion, abdominal pain, Irritable Bowel Syndrome, bloating and tension in the belly
- relieve pain and tension through the spine in three main areas – the back of the head, neck and mid back
- help ease pain and tension and improve flow through the back and sacro-iliac joint in the hips

Length of workshop: Two weekends/4 days. This is the certified second level of training to becoming an AcuEnergetics® Practitioner or Wellness Balancer



Chiara is a Senior Practitioner and an AcuEnergetics® Teacher qualified to teach the Level 1 and Level 2 Workshops
Mobile: +39 3758084600 Whatsapp: +33 (0)6 35392055
www.chiarahealing.com info@chiarahealing.com

