



## 'Energy Medicine Balancing'

Develop your healing skills, practice mystical meditations, discover how to open energy centres and learn powerful wellness balances

Come along to this second stage of AcuEnergetics® trainings and learn how to feel energy centres, discover new Wellness Balances, develop your understanding of the body's electricity and more wonderful meditations.

### You should join us if you are interested in:

- developing your AcuEnergetics® skills further and understanding the core principles of this healing modality at a deeper level, which you can apply in your life straight away
- increasing your sensitivity to feel your own and other people's bio-electricity, improving your hand skills for healing illness in the body and mind
- opening energy centres in yourself and others to start feeling more deeply, experiencing life more fully, becoming more still and balanced even in the midst of chaos in your life
- mystical meditations to open the light body and heal yourself
- developing a facility with other opening energetic techniques, leading you to a greater understanding of the energetic world and helping to increase your ability to feel and move energy
- six powerful Wellness Balances you can use straight away on family and friends
- the advanced stage of release work for releasing held emotions which cause illness in the body
- the second level of training to becoming an AcuEnergetics® Practitioner or Wellness Balancer

The 6 powerful **Wellness Balances** you will learn in the Workshop **will each allow you to:**

- help pain or discomfort in spine, legs and pelvic area, as well as menstrual disorders, hip pain, and help at times of change in life
- help to unify the connection between the heart, mind and body – ideal to have during times of emotional ups and downs and stress
- increase the amount of energy available in the body and improve the immune response, a treatment that also helps greatly with fatigue
- open the energetic Wind Gates of the body, helpful for poor digestion, abdominal pain, Irritable Bowel Syndrome, bloating and tension in the belly
- relieve pain and tension through the spine in three main areas – the back of the head, neck and mid back
- help ease pain and tension and improve flow through the back and sacro-iliac joint in the hips

*Length of workshop: Two weekends/4 days. This is the certified second level of training to becoming an AcuEnergetics® Practitioner or Wellness Balancer*



Chiara is a Senior Practitioner and an AcuEnergetics® Teacher qualified to teach the Level 1 and Level 2 Workshops  
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